



# ROBBINSDALE ARMSTRONG HIGH SCHOOL COUNSELING AND SUPPORT SERVICES 2015-2016

## GENERAL COUNSELING SERVICES

Individual and Group Counseling, credit evaluation, registration, scholarship search, recommendations, referral services, college and technical applications, Post-Secondary Options, Area Learning Centers.

### Useful Websites:

Armstrong High School  
[www.ahs.rdale.org](http://www.ahs.rdale.org)

Family Information Access  
[www.rdale.org](http://www.rdale.org) choose parents tab

Family Connections/Naviance  
[connection.naviance.com/ra](http://connection.naviance.com/ra)

MN Dept. of Education  
[www.children.state.mn.us](http://www.children.state.mn.us)

ACT Testing  
[www.actstudent.org](http://www.actstudent.org)

SAT Testing  
[www.collegeboard.com](http://www.collegeboard.com)

College Search  
[www.collegeview.com](http://www.collegeview.com)  
[www.petersons.com](http://www.petersons.com)  
[www.collegenet.com](http://www.collegenet.com)

Financial Aid and Scholarships  
[www.fastweb.com](http://www.fastweb.com)  
[www.FAFSA.ed.gov](http://www.FAFSA.ed.gov)  
[www.wiredscholar.com](http://www.wiredscholar.com)

College Athletics  
[www.NCAA.org](http://www.NCAA.org)

## DATES TO REMEMBER

- Experience Armstrong Sept 14
- End of quarter 1 Nov 6
- End of quarter 2/Sem. 1 Jan 22
- Experience Armstrong Jan 7
- End of quarter 3 Mar 24
- End of quarter 4/Sem. 2 June 9
- GRADUATION June 10
  
- ★ AP testing May 2-13
- ★ PSAT (11<sup>th</sup> grade) Oct 14
- ★ National College Fair Oct 21-22
- ★ State ACT (11<sup>th</sup> gr only) April 19

## Parent/Teacher Conferences

- Semester 1: Oct 12, Oct 22
- Semester 2: Feb 11, Mar 12, Mar 15

## SAT Registration and Test Dates

Registration	Late Reg.	Test Dates
Sep 3	*(until Sep 22)	Oct 3
Oct 9	*(until Oct 27)	Nov 7
Nov 5	*(until Nov 23)	Dec 5
Dec 28	*(until Jan 12)	Jan 23
Feb 5	*(until Feb 23)	Mar 5
Apr 8	*(until Apr 26)	May 7
May 5	*(until May 25)	June 4

## ACT Registration and Test Dates

Registration	Late Reg.	Test Dates
Aug 7	*(until Aug 21)	Sept 12
Sep 18	*(until Oct 2)	Oct 24
Nov 6	*(until Nov 20)	Dec 12
Jan 8	*(until Jan 15)	Feb 6
Mar 4	*(until Mar 18)	Apr 9
May 6	*(until May 20)	June 11

**\*LATE REGISTRATION DATES IN PARENTHESES – EXTRA COST**

## Support Services

**Psychologists:** Tim Shaikoski 504-8827

**Social Worker:** Nancy Burkhardt 504-8828 & Kimberly Rooyakkers 504-8826

**School Nurse:** Gail Dzurak 504-8809

**School Resource Officers:** Paul Fischer 504-8817 & Drew Gilmore 504-8760

**Student Advocate:** Derek Fisher 504-8834



# ROBBINSDALE ARMSTRONG HIGH SCHOOL COUNSELING AND SUPPORT SERVICES 2015-2016

## 9th GRADE

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Ninth grade is a big transition year. Counselors help students with the move into a high school. Counselors will discuss the importance of hard work and making good choices. If a student is having difficulty in those areas, they can help them find appropriate resources. Counselors will discuss course selection, state testing and events that a ninth grade student will need to know in the future.

## 10th GRADE

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A 10<sup>th</sup> grade student may see the counselor for a number of reasons. Counselors advise those students on course selection and whether or not AP courses are appropriate. If a student is behind on credits, a counselor can help them find resources to retrieve credits. Counselors also help students sign up and take the PLAN, take any state tests, and discuss possible career paths

## 11th GRADE

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In the 11<sup>th</sup> grade, counselors can help both students and parents with starting their college search with a junior conference. Together, they can discuss standardized testing (ACT, SAT), the college selection timeline, and how to select the best-fit college for the student. Counselors also aid 11<sup>th</sup> grade students in taking the PSAT, AP tests, course selection, credit recovery, and possible post-secondary enrollment.

## 12th GRADE

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The two main areas of 12<sup>th</sup> grade service are helping the students meet graduation requirements, and planning for after high school. Counselors can help students find programs to make up credits if they have less than the required 46, or find resources to help them pass the required state tests. Counselors also help students in selection of a 2 or 4-year colleges and in filling out college applications. They will help the student in applying for financial aid and searching for scholarships. If college is not in the senior's future, looking at the work force, volunteering or going into the armed forces can also be discussed with a counselor.

**Counseling Department  
763-504-8819**

### Counselor-Student Assignments

Ali Wilson (A-E) 504-8825 ~ Carmita Hall (L-Ri) 504-8837

Sandy Murphy (F-K) 504-8822 ~ Antiwan Easley (Ro-Z) 504-8823

Jamie Dukowitz 504-8824 **College Counselor**

Wanda Brown 504-8819 **Registrar/Guidance Secretary**