

Why choose Armstrong

- **Top 1500 high school in nation.** Robbinsdale Armstrong High School is ranked by *Newsweek* magazine as among the top 1500 (6%) of high schools in the nation based on the number of students taking college-level coursework.
- **Rigorous academic options.** A high percentage of Armstrong students take AP courses in one of the largest AP programs in the state.
- **Excellence in the arts.** We're among the "Best 100 Communities for Music Education," according to the American Music Conference.
- **Strength of diversity.** Our strength of diversity prepares students for lifetime success by enhancing their cultural proficiency.
- **Sense of belonging.** Our activity programs create a sense of belonging for each student which helps them to be successful academically.

AP at Armstrong

The Advanced Placement (AP) program at Armstrong is one of the largest AP programs in the state of Minnesota. AP is a voluntary program that offers students an opportunity to take one or more college-level courses while still in high school. AP offers something for everyone. Students can choose between 17 audited AP courses, which is nearly half of all 37 AP courses sanctioned by the College Board. The number of course offerings - and the number of students taking these courses - is constantly growing at Armstrong.

We strive to promote a quality learning environment, to foster intellectual development, to promote positive integration among our students, and to prepare our students for the responsibilities of independent and productive living.



Honors and Awards

Armstrong High School is represented annually at the state competition level in various activities and athletic teams. Our teams produce winners not only on the field but in the classroom as well!

- Gold and Silver Academic Excellence Awards in Girls Swim, Basketball, Tennis, Nordic Ski, Softball
- Academic Section Champs from 2005-2010 in Girls Hockey
- Classic Lake Conference Champions in Boys Soccer - 2009
- Classic Lake Conference Champions, Section 6AA Champions in Baseball - 2010
- Consecutive State Tournament participants in both Boys and Girls Nordic Ski from 2000-10
- PI Adapted Athletic Program participants and 9 state championship games winning 6 state championships in soccer - 2008 & 09; floor hockey - 2009; softball - 2007, 09 & 10
- Gyre rated First Class yearbook by the National Scholastic Press Association – 2010
- Armstrong Marching Band won Grand Champions status at the Anoka Halloween Parade from 2003-2009
- Armstrong Symphonic Band has been invited to perform at Carnegie Hall as well as the USS Midway, The Outback Bowl, Pearl Harbor, Wisconsin School for the Blind
- Armstrong Choirs have received consistent Superior Ratings at Region/State contests since 1971 with performance invitations from St. Olaf Choral Festival, Dorian Festival, Luther College, Concordia Choral Festival, Choral Arts Finale Concert at Orchestra Hall, Governor's Mansion, Guthrie Theater and Minnesota Youth Symphony

Photos courtesy of Mark Bloom, Jeff Thimell and district staff

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Robbinsdale Armstrong High School

10635 36th Avenue North Plymouth, MN 55441
763-504-8800 www.ahs.rdale.org

ROBBINSDALE
ARMSTRONG
High School



ROBBINSDALE
area schools



Welcome to Robbinsdale Armstrong High School! We are a professional learning community in which students have the opportunity to reach their highest potential academically and participate in enriching activities as part of their total high school experience. We have a world class faculty which puts student learning first. Our Advanced Placement (AP) program is one of the largest in the state of Minnesota. We encourage all students to take at least one AP course before they graduate from Armstrong to better prepare them for their education options after high school. Armstrong has programs in place to assist all students to achieve this goal, and our teachers and staff are eager to help students discover their potential. Programs such as AVID, Admission Possible, "A" School, and Fresh Start are available to meet the needs of any student at any level.

Armstrong has a school composite ACT score which is consistently above the state composite ACT score and well above the national composite ACT score. We consistently score above state averages in reading, math, writing and science. Armstrong High School is annually ranked by *Newsweek* magazine as one of the top high schools in Minnesota as well as the nation. Our graduates are scattered throughout the world and have contributed greatly to the fields of science, medicine, engineering, social services, professional athletics and the arts. We are a great school with great students. Please consider joining the Armstrong family and the proud tradition of being a Falcon!!

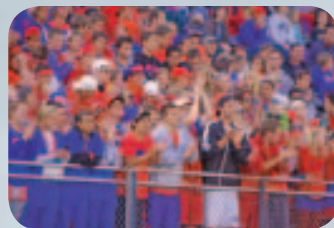
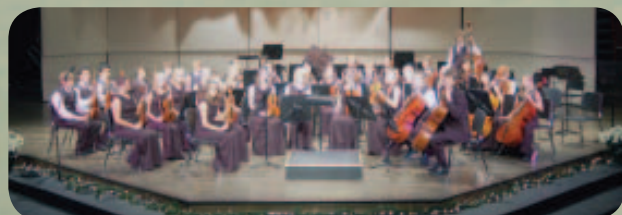
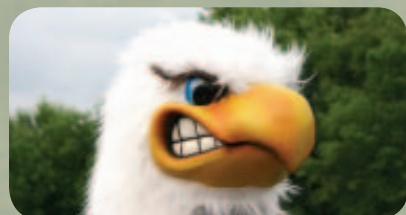
David Dahl, Principal

Mission Statement

Robbinsdale Armstrong High School will strive to form a learning community that prepares students for the responsibilities of independent and productive living.

R.A.H.S. Fast Facts

School Name: Neil A. (Robbinsdale) Armstrong Senior High School
 Enrollment: 2,000 in grades 9-12 Mascot: Falcon Yearbook: Gyre
 School Colors: Red, White, Blue Newspaper: Odyssey School Opened: 1970



School Activities

At Robbinsdale Armstrong High School, there are more than 75 school-sponsored teams, clubs, performing and fine arts activities, and sports. Annually, more than 1,200 students participate in activities sponsored by the Minnesota State High School League. Armstrong's school sports teams compete in the Northwest Suburban Conference. There are 14 varsity sports teams for both girls and boys. Our teams and individuals are always strong competitors at the region and state levels. In addition to sports, Armstrong offers activities including musicals, plays, choir, marching and jazz band, debate, yearbook, newspaper, math team, National Honor Society, cultural leadership council, global language clubs, chess team and many intramural sports.

The Arts

The arts are a central part of Robbinsdale Armstrong High School and we have a long tradition of award-winning performances. Students have opportunities to foster lifelong interest and self-expression in the arts through courses in drama, vocal and instrumental music, creative writing, and visual arts. The school's vocal and instrumental music program receives top ratings at state competitions, and the plays, musicals, original scripts and award-winning one-act plays are among the very best high school productions anywhere. Our student artists have won local, state and national recognition including performance invitations to nationwide music festivals, parades, contests and competitions. Tours have taken our students to Pearl Harbor, the White House, college bowl games, the USS Midway, Wisconsin School for the Blind as well as many college campuses.

In 1995, both Robbinsdale Armstrong and Cooper high schools were awarded the prestigious Medallion Award from the Children's Theatre Foundation of America. They are the only high schools in Minnesota to have received this award to date.



AVID

Advancement Via Individual Determination is an in-house academic support program that prepares students for college eligibility and success. The AVID curriculum is offered as an elective course and is based on rigorous standards developed by middle and high school teachers and college professors. It is driven by analytical writing, inquiry, collaboration and reading. It also focuses on study skills, test taking skills, note taking, research, organization, critical thinking, goal setting, choosing a college, and preparing for college entrance and placement exams.

"A" School

"A" School is a student choice alternative program located within Armstrong which helps students to recover credits toward their goal of graduation. The program is an optional placement alternative for students in grades 10-12 and/or are experiencing difficulty with the traditional school model. "A" School provides opportunities for personal and academic support as well as close monitoring of student attendance and academic progress. Students receive immediate interventions that promote positive changes in behavior and achievement.

Graduation Requirements

Students must earn the following credits:

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|------------------------------|----------------------------------|--------------------------|
| 8 semesters - English | 6 semesters - Mathematics | 15 semesters - Electives |
| 8 semesters - Social Studies | 1 semester - Health | (one in fine arts) |
| 6 semesters - Science | 2 semesters - Physical Education | 46 Total Credits |

Our students must also pass the state mathematics, reading and writing tests. We are on a semester schedule with one semester credit equal to a one-period class meeting for one semester. We offer a seven-period day with some of our courses existing as single-period classes and some existing as block classes.

Class Rank

Class rank is based on final semester grades in all subjects. Grades are not weighted in calculating class rank.

Grades

A 4.0 A- 3.67 B+ 3.34 B 3.0 B- 2.67 C+ 2.34 C 2.0 C- 1.67 D+ 1.34 D 1.0 D- .67 NC 0.00
 P = credit earned, and no honor points I = incomplete work